After School Adventures
Winter 2020
Weeks of January 13 - March 9

After school Adventures meets 3:30-4:30 weekly. Please read the following descriptions of this session’s program offerings. Please send a snack, your child will meet their After school instructor at dismissal on the balcony off the library. Pick up is at 4:30 in the lobby.

Shooting Star Multi Sport
This program consists of various sports including soccer, lacrosse, whiffle ball, kickball, basketball and much more. This is an ideal program for any child who enjoys playing or learning different sports. Children are taught fundamental skills and the rules of the game. All necessary equipment is provided. Come learn, play and have fun!

Mondays: January 13-March 9
Instructor: Coach Mike
Fee: $340
Grades: PreK-2

Study & Organizational Skills
Join Mrs. Elaina Schroeder, Middle School counselor and learning specialist, to prepare your student for the transition to Middle School and beyond. The class will focus on the executive function skills of time management, planning, organization, study skills, note taking skills, reading comprehension skills, reducing stress and managing emotions, and how to have a growth mindset. It is important for your student to understand who they are as a student and learn what strategies work best for them. Each week will have a different set up with different exercises.

Mondays: January 13-March 9
Instructor: Mrs. Schroeder
Fee: $340
Grades: 4-6

Intro to Illustration
Join art teacher and newcomer Mr. Cotumaccio for an intro to illustration drawing. Learn to develop characters, create comic strips and storylines, draw and integrate backgrounds, and more. Don’t miss out on this fun new program where art meets literature!

Mondays: January 13-March 9
Instructor: Mr. Cotumaccio
Fee: $340
Grades: 3-6
Kinder-Ballet
Kinder-Ballet is created for students entering Kindergarten. This class incorporates creative movement with pre-ballet. Students at this level are introduced to more formal ballet training including barre work. They continue to explore ballet terminology, both audibly and visually.

Tuesdays, January 7-June 2 
Fee: $900/year $325/trimester 
Instructor: Ms. Moore 
Grades: K-1

Basketball
Join Coach C from Summer Adventures for dribbling, shooting, passing, ball handling, and defense. Emphasis is given on teaching the concepts of basketball while developing each individual’s player skills. We conclude each week with a basketball game which reinforces the skills taught.

Tuesdays, January 14-March 10 
Fee: $345 
Instructor: Coach Cotumaccio 
Grades: 2-5

Ballet I
Students in this class will study basic ballet technique and terminology at the barre, as well as other ballet exercises in the center. Come learn and perform with us.

Wednesdays, January 8-June 3 
Fee: $450/trimester 
Instructor: Ms. Moore 
Grades: 1

Intro to Art!
Come join this new class with art teacher and newcomer, Mr. Cotumaccio as he introduces students to a variety of media including, watercolor, acrylic, ink, charcoal, and pastels. This class will give your child the opportunity to discover their artistic talent.

Wednesdays, January 15-March 11 
Fee: $340 
Instructor: Mr. Cotumaccio 
Grades: K-5

Chess (4:15-5:15pm)
**Special beginner chess extension 4-4:15pm**
In this course students will learn basic chess strategies. They will gain an understanding of chess notation and the most important rules to use during each phase of the game. Class time is split between instruction and game playing giving students an opportunity to apply newly learned strategies. **Can be combined with Fencing**

Wednesdays, January 15-March 11 
Fee: $340 
Instructor: Mr. La Flair 
Grades: 1-5
**Special Beginner Extension Class**

Due to the popularity of chess, we will take this opportunity to form a small group chess intro prior to the Chess class at 4:15pm. If your child would like some 1-1 attention for chess instruction prior to the class, then this is the course for you!

- **Wednesdays, January 15-March 11**
- **Instructor:** Mr. La Flair
- **Fee:** $85
- **Grades:** K-3

**Special note:** We are making Wednesday a special day with various options for attending chess, chess & fencing or beginner extension and chess. Any combination of these classes is fine. If your child is only attending chess, they will be supervised until 4:15.

**Fencing (3:15-4:15)**

Discover the exciting sport of fencing. Boys and girls are welcome to sign-up, where all will develop the agility, speed, coordination, strategy skills, positive thinking, confidence and more. While learning fencing under the supervision of professional coaches your child will also develop good sportsmanship on and off the strip while reinforcing teamwork, which is a life-long skill. The program will be run by New York Fencing Academy, a top fencing club in US (#1 medal count in Summer Nationals 2019 and 2019 #1 Youth Epee club by National rankings). All fencing equipment will be provided by the program. Long athletic pants (or sweat pants), athletic shoes and athletic t-shirt is required for the program.

**Can be combined with Chess sign up**

- **Wednesdays, January 15-March 11**
- **Instructor:** NY Fencing Academy
- **Fee:** $340
- **Grades:** 1-5

**Coding Basics**

This program is designed to prepare students of all ages for the rigors of coding. Through a variety of games and puzzles that require programming know-how, students are eased into the world of computer language logic in a fun and visual way. While taking this course, students will develop logic and math skills that will aid them in academia, programming and in life. This course includes keyboarding lessons and games to help develop the necessary skills to the program in the future!

- **Thursdays, January 16-March 8**
- **Instructor:** Mr. Luke Johnson
- **Fee:** $340
- **Grades:** 1-5
Gymnastics
Join Jamie Gurrieri, formerly of North Shore Gymnastics, for a fun class of tumbling, stretching, and gymnastic skills. This program deals with a strong emphasis on developing basic gymnastics and tumbling skills. The program will enable your children to enhance their basic motor skills as well as further develop their use of movement and social interaction. The class includes gymnastics, tumbling, balancing, group activities, stretching, games, bars, mini trampoline, and strength. Over the course of the program, children will develop confidence, good coordination, control and physical awareness.

Thursdays, January 16-March 12
Instructor: Ms. Jamie Gurrieri
Fee: $345
Ages: PreK-2nd

Young Engineers
This after school program is for anyone who is interested in engineering or STEAM (Science Technology Engineering Art Math). This is a project-based program; where students will be learning a little about engineering and doing projects based on their learning. This will allow students to learn about engineering and have fun doing so. This class will be led by Sophomore & class President, Ryan Levy, giving students an opportunity to interact with model leadership as well.

Thursdays, January 16-March 5
Instructor: Ryan Levy ’22 & Ms. A
Fee: $225
Grades: 4-5

Pre-Ballet/Creative Movement
This class is designed to promote a child’s coordination and motor skills as well as introduce basic beginner ballet skills.

Fridays, January 17-June 5
Instructor Ms. Moore
Fee: $900/year $325/trimester
Grades: PreK-K